**CAREER AND LIFE MANAGEMENT (CALM) 3 credits**

The aim of senior high school CALM is to enable students to make well-informed, considered decisions about all aspects of their lives and to develop behaviours and attitudes that contribute to the well-being and respect of self and others, now and in the future. The Career and Life Management course consists of four main units: Personal Choices, Resource Choices, Career Choices. and Relationships/Human Sexuality. Students may also have the opportunity to complete up to two extra credits in Workplace Safety Systems (HCS3000) and Job Preparation (CTR1010).